Performance Report for:

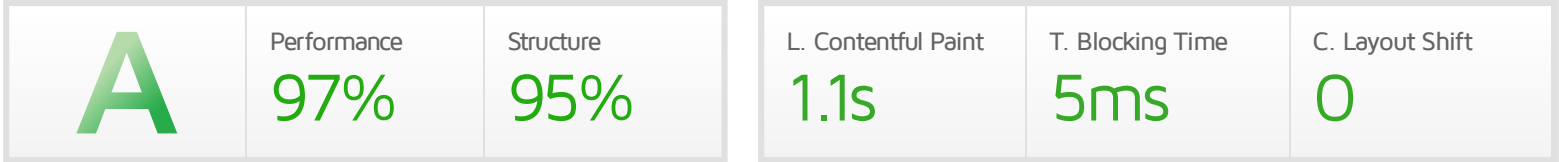https://globalfoodsafetyconsultants.com/food-safety-consulting

Report generated: Tue, Mar 1, 2022 10:01 AM -0800

Test Server Location: 🇨🇦 Vancouver, Canada

Using: 🌐 Chrome (Desktop) 90.0.4430.212, Lighthouse 8.3.0

A	Performance **97%**	Structure **95%**	L. Contentful Paint **1.1s**	T. Blocking Time **5ms**	C. Layout Shift **0**

Top Issues

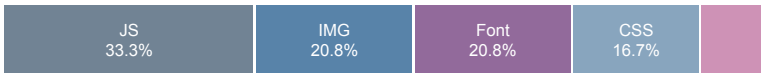| IMPACT	AUDIT	
Med-Low	Eliminate render-blocking resources	Potential savings of 152ms
Low	Use a Content Delivery Network (CDN)	7 resources found
Low	Serve static assets with an efficient cache policy	Potential savings of 33.3KB
Low	Reduce unused CSS	Potential savings of 129KB
Low	Ensure text remains visible during webfont load	3 fonts found

Page Details

1.2s

Fully Loaded Time

Total Page Size - 921KB

JS 265KB	IMG 252KB	Font 249KB	CSS 141KB	

Total Page Requests - 24

JS 33.3%	IMG 20.8%	Font 20.8%	CSS 16.7%	

■ HTML ■ JS ■ CSS ■ IMG ■ Video ■ Font ■ Other

How does this affect me?

Today's web user expects a fast and seamless website experience. Delivering that fast experience can result in increased visits, conversions and overall happiness.

As if you didn't need more incentive, **Google has announced that they are using page speed in their ranking algorithm.**
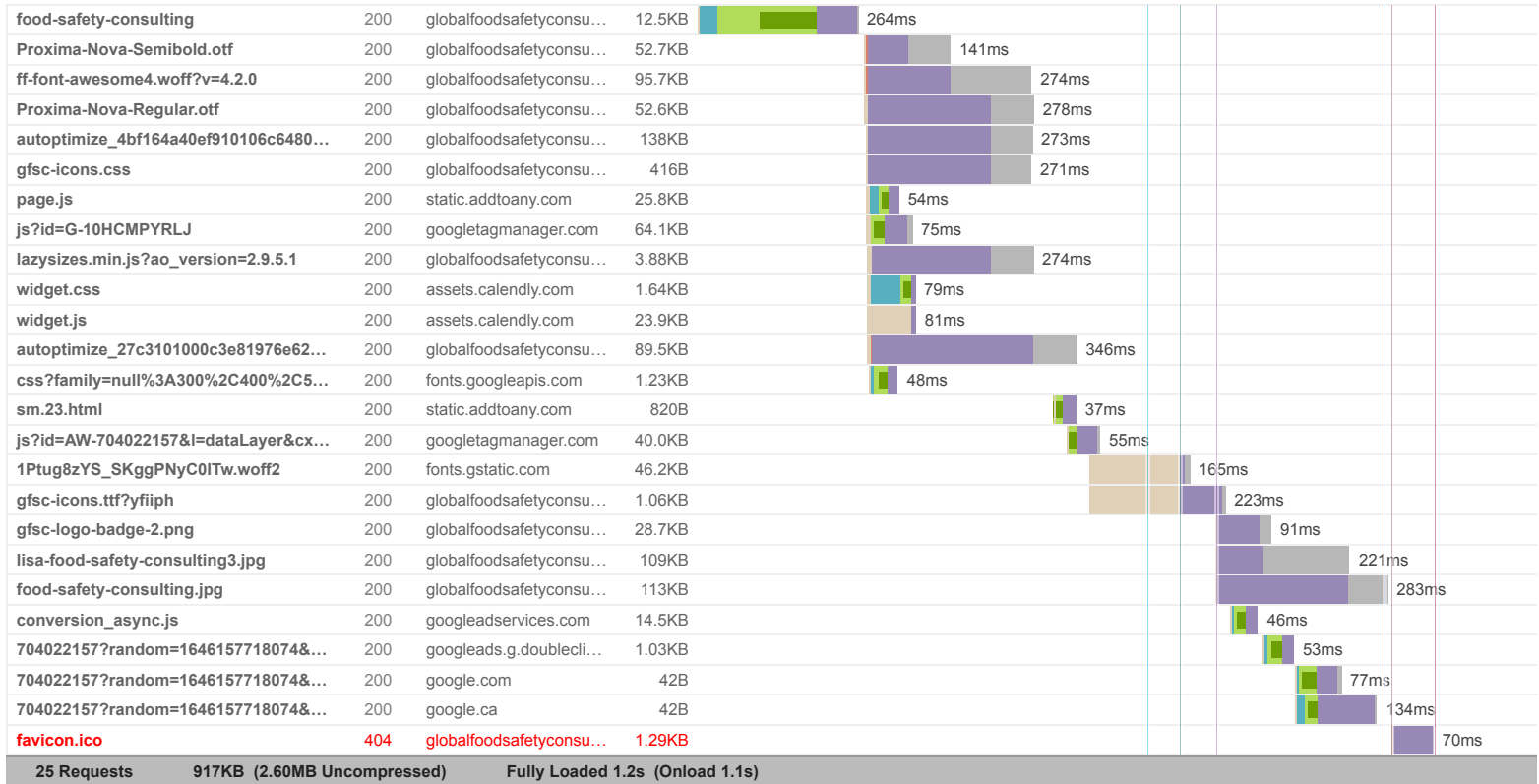
About GTmetrix

CARBON60
THE MANAGED CLOUD COMPANY
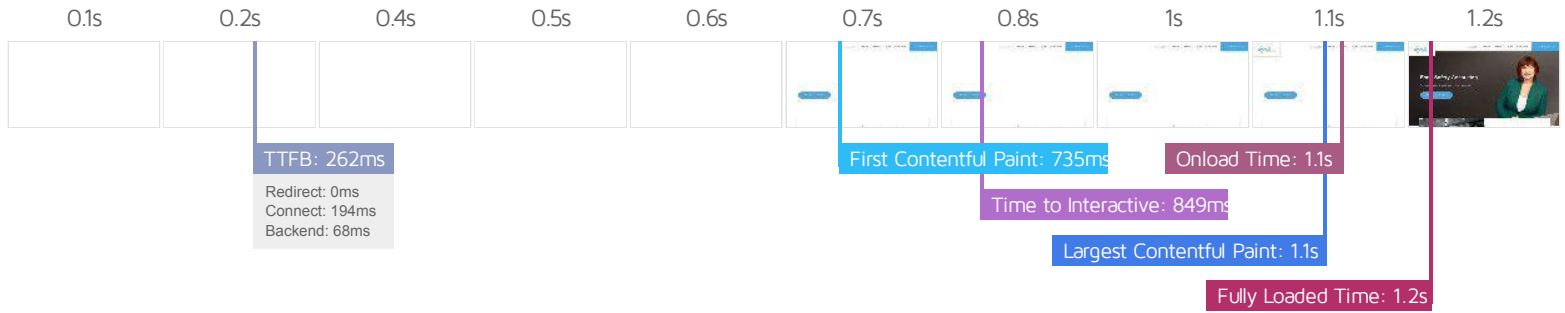
GTmetrix is developed by the good folks at **Carbon60**, a Canadian hosting company with over 26 years experience in web technology.

https://carbon60.com/

The waterfall chart displays the loading behaviour of your site in your selected browser. It can be used to discover simple issues such as 404's or more complex issues such as external resources blocking page rendering.

Food Safety Consulting - Global Food Safety Consultants

Resource	Status	Host	Size	Time
food-safety-consulting	200	globalfoodsafetyconsu…	12.5KB	264ms
Proxima-Nova-Semibold.otf	200	globalfoodsafetyconsu…	52.7KB	141ms
ff-font-awesome4.woff?v=4.2.0	200	globalfoodsafetyconsu…	95.7KB	274ms
Proxima-Nova-Regular.otf	200	globalfoodsafetyconsu…	52.6KB	278ms
autoptimize_4bf164a40ef910106c6480…	200	globalfoodsafetyconsu…	138KB	273ms
gfsc-icons.css	200	globalfoodsafetyconsu…	416B	271ms
page.js	200	static.addtoany.com	25.8KB	54ms
js?id=G-10HCMPYRLJ	200	googletagmanager.com	64.1KB	75ms
lazysizes.min.js?ao_version=2.9.5.1	200	globalfoodsafetyconsu…	3.88KB	274ms
widget.css	200	assets.calendly.com	1.64KB	79ms
widget.js	200	assets.calendly.com	23.9KB	81ms
autoptimize_27c3101000c3e81976e62…	200	globalfoodsafetyconsu…	89.5KB	346ms
css?family=null%3A300%2C400%2C5…	200	fonts.googleapis.com	1.23KB	48ms
sm.23.html	200	static.addtoany.com	820B	37ms
js?id=AW-704022157&l=dataLayer&cx…	200	googletagmanager.com	40.0KB	55ms
1Ptug8zYS_SKggPNyC0lTw.woff2	200	fonts.gstatic.com	46.2KB	165ms
gfsc-icons.ttf?yfiiph	200	globalfoodsafetyconsu…	1.06KB	223ms
gfsc-logo-badge-2.png	200	globalfoodsafetyconsu…	28.7KB	91ms
lisa-food-safety-consulting3.jpg	200	globalfoodsafetyconsu…	109KB	221ms
food-safety-consulting.jpg	200	globalfoodsafetyconsu…	113KB	283ms
conversion_async.js	200	googleadservices.com	14.5KB	46ms
704022157?random=1646157718074&…	200	googleads.g.doublecli…	1.03KB	53ms
704022157?random=1646157718074&…	200	google.com	42B	77ms
704022157?random=1646157718074&…	200	google.ca	42B	134ms
favicon.ico	404	globalfoodsafetyconsu…	1.29KB	70ms

25 Requests	917KB (2.60MB Uncompressed)	Fully Loaded 1.2s (Onload 1.1s)

0.1s	0.2s	0.4s	0.5s	0.6s	0.7s	0.8s	1s	1.1s	1.2s

TTFB: 262ms
Redirect: 0ms
Connect: 194ms
Backend: 68ms

First Contentful Paint: 735ms

Onload Time: 1.1s

Time to Interactive: 849ms

Largest Contentful Paint: 1.1s

Fully Loaded Time: 1.2s

Performance Metrics

First Contentful Paint

How quickly content like text or images are painted onto your page. A good user experience is 0.9s or less.

Good - Nothing to do here

734ms

Time to Interactive

How long it takes for your page to become fully interactive. A good user experience is 2.5s or less.

Good - Nothing to do here

848ms

Speed Index

How quickly the contents of your page are visibly populated. A good user experience is 1.3s or less.

Good - Nothing to do here

1.1s

Total Blocking Time

How much time is blocked by scripts during your page loading process. A good user experience is 150ms or less.

Good - Nothing to do here

5ms

Largest Contentful Paint

How long it takes for the largest element of content (e.g. a hero image) to be painted on your page. A good user experience is 1.2s or less.

Good - Nothing to do here

1.1s

Cumulative Layout Shift

How much your page's layout shifts as it loads. A good user experience is a score of 0.1 or less.

Good - Nothing to do here

0

Browser Timings

Redirect	0ms	Connect	194ms	Backend	68ms
TTFB	262ms	DOM Int.	581ms	First Paint	735ms
DOM Loaded	791ms	Onload	1.1s	Fully Loaded	1.2s

IMPACT	AUDIT	
Med-Low	Eliminate render-blocking resources	Potential savings of 152ms
Low	Use a Content Delivery Network (CDN)	7 resources found
Low	Serve static assets with an efficient cache policy	Potential savings of 33.3KB
Low	Reduce unused CSS	Potential savings of 129KB
Low	Ensure text remains visible during webfont load	3 fonts found
Low	Avoid an excessive DOM size	375 elements
Low	Avoid enormous network payloads	Total size was 922KB
Low	Properly size images	Potential savings of 21.2KB
Low	Avoid long main-thread tasks	2 long tasks found
Low	Reduce JavaScript execution time	424ms spent executing JavaScript
Low	Serve images in next-gen formats	Potential savings of 77.3KB
Low	Reduce initial server response time	Root document took 68ms
Low	Avoid serving legacy JavaScript to modern browsers	Potential savings of 15.0KB
Low	Avoid non-composited animations	1 animated element found
Low	Avoid chaining critical requests	3 chains found
Low	Reduce unused JavaScript	Potential savings of 113KB
N/A	Largest Contentful Paint element	1 element found
N/A	Minimize main-thread work	Main-thread busy for 901ms
N/A	Reduce the impact of third-party code	Total size was 223KB
N/A	User Timing marks and measures	