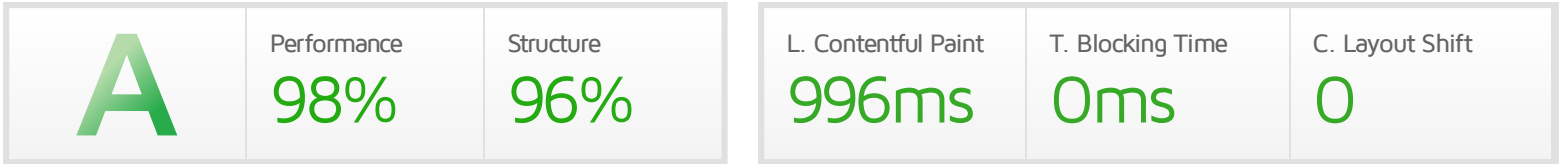




Performance Report for: <https://globalfoodsafetyconsultants.com/>

Report generated: Mon, Oct 18, 2021 1:29 PM -0700
 Test Server Location: Vancouver, Canada
 Using: Chrome (Desktop) 90.0.4430.212, Lighthouse 8.3.0



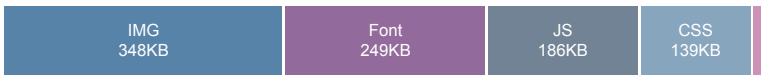
Top Issues

IMPACT	AUDIT	
Med-Low	Eliminate render-blocking resources	Potential savings of 239ms
Low	Use a Content Delivery Network (CDN)	8 resources found
Low	Reduce unused CSS	Potential savings of 126KB
Low	Reduce unused JavaScript	Potential savings of 110KB
Low	Serve static assets with an efficient cache policy	Potential savings of 15.2KB

Page Details



Total Page Size - 934KB



Total Page Requests - 20



■ HTML
 ■ JS
 ■ CSS
 ■ IMG
 ■ Video
 ■ Font
 ■ Other

How does this affect me?

Today's web user expects a fast and seamless website experience. Delivering that fast experience can result in increased visits, conversions and overall happiness.

As if you didn't need more incentive, **Google has announced that they are using page speed in their ranking algorithm.**

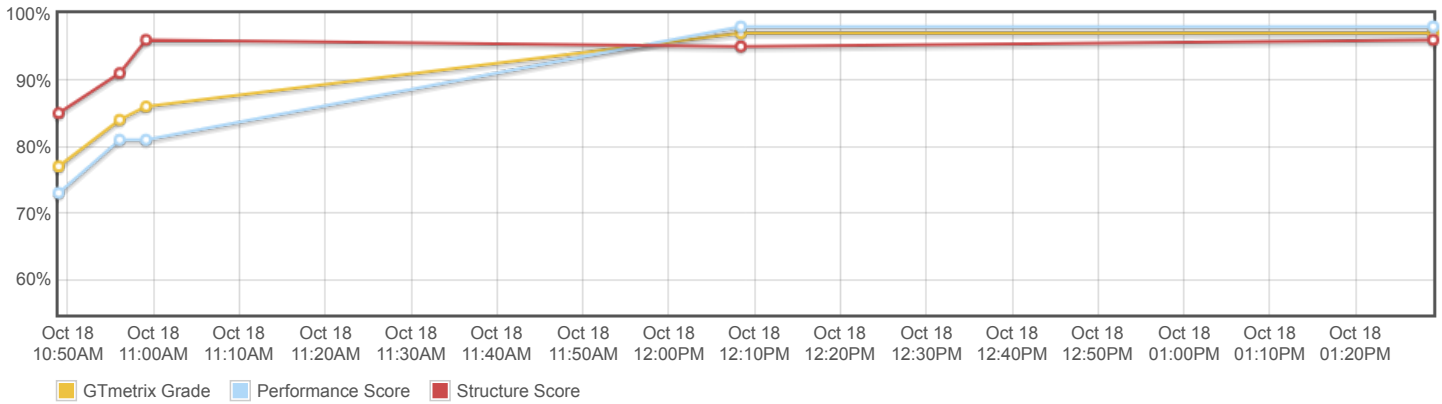
About GTmetrix



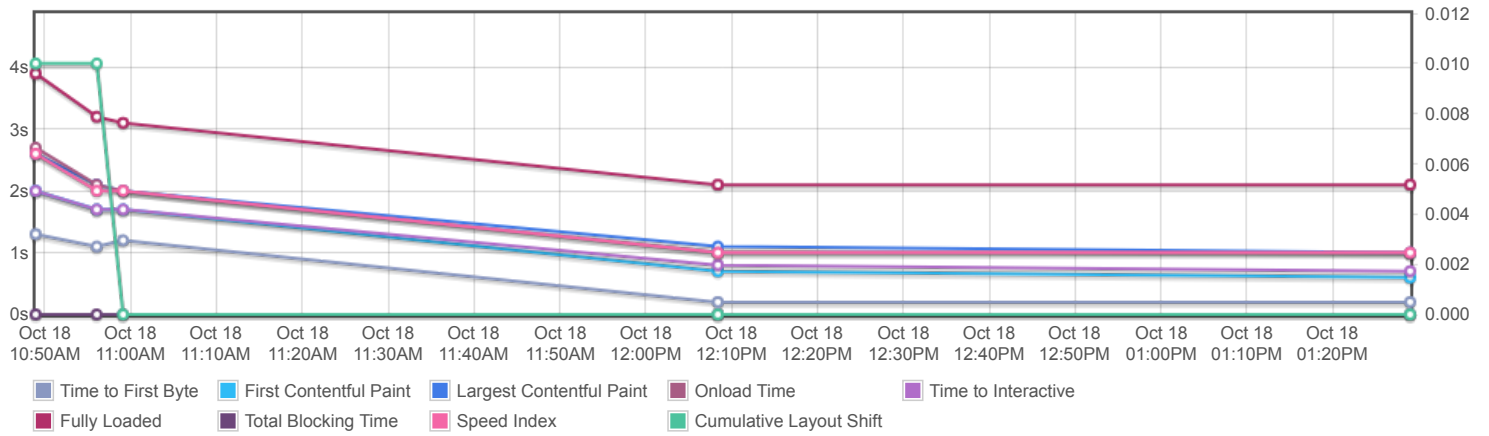
GTmetrix is developed by the good folks at **Carbon60**, a Canadian hosting company with over 25 years experience in web technology.

<https://carbon60.com/>

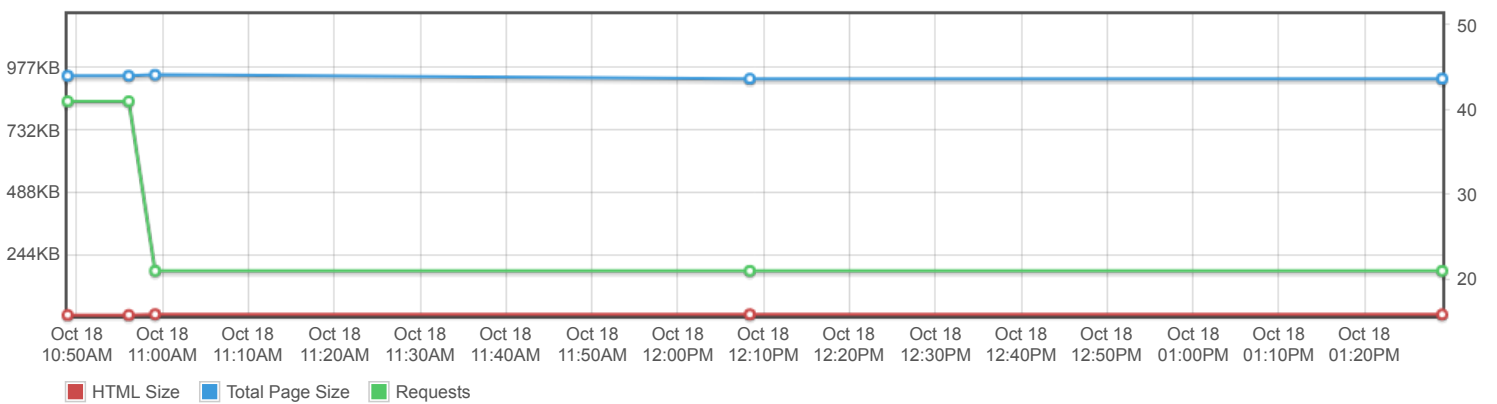
Page scores



Page metrics



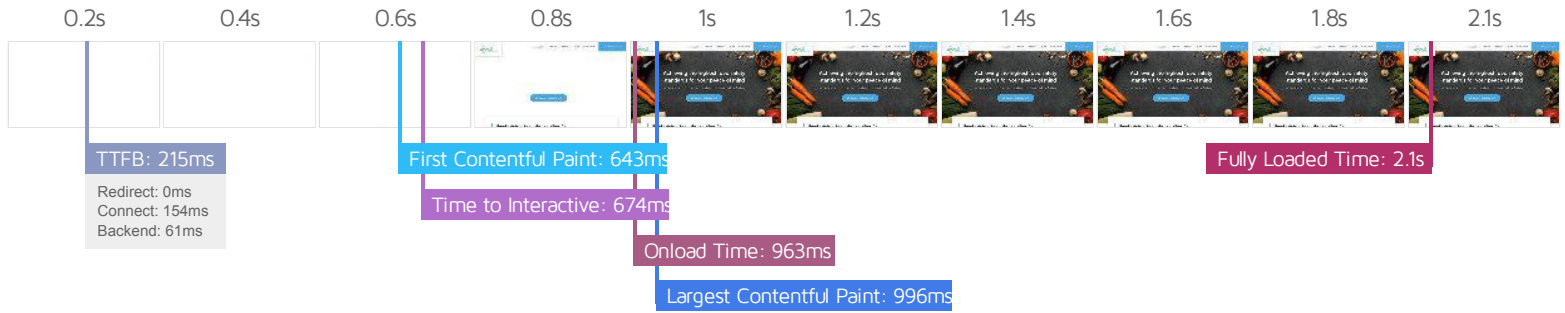
Page sizes and request counts



The waterfall chart displays the loading behaviour of your site in your selected browser. It can be used to discover simple issues such as 404's or more complex issues such as external resources blocking page rendering.

Global Food Safety Consultants - Global Food Safety Consultants

/	200	globalfoodsafetyconsu...	10.8KB		216ms		
Proxima-Nova-Semibold.otf	200	globalfoodsafetyconsu...	52.7KB		127ms		
ff-font-awesome4.woff?v=4.2.0	200	globalfoodsafetyconsu...	95.7KB		259ms		
Proxima-Nova-Regular.otf	200	globalfoodsafetyconsu...	52.6KB		262ms		
autoptimize_37d2c675cd36a944332fa...	200	globalfoodsafetyconsu...	136KB		261ms		
gfsc-icons.css	200	globalfoodsafetyconsu...	416B		255ms		
js?id=G-10HCMPYRLJ	200	googletagmanager.com	59.2KB		75ms		
lazysizes.min.js?ao_version=2.9.2	200	globalfoodsafetyconsu...	3.88KB		259ms		
widget.css	200	assets.calendly.com	983B		200ms		
widget.js	200	assets.calendly.com	6.48KB		164ms		
autoptimize_387840119ac66e695b6d8...	200	globalfoodsafetyconsu...	90.0KB		305ms		
css?family=null%3A300%2C400%2C5...	200	fonts.googleapis.com	1.45KB		58ms		
1Ptug8zYS_SKggPNyC0ITw.woff2	200	fonts.gstatic.com	46.2KB		142ms		
gfsc-icons.ttf?yfiiph	200	globalfoodsafetyconsu...	1.06KB		190ms		
page.js	200	static.addtoany.com	26.0KB		27ms		
gfsc-logo-badge-2.png	200	globalfoodsafetyconsu...	28.7KB		74ms		
global-food-safety-consultants-banne...	200	globalfoodsafetyconsu...	305KB		277ms		
sm.23.html	200	static.addtoany.com	858B		43ms		
favicon.ico	404	globalfoodsafetyconsu...	1.29KB		63ms		
haccp-food-safety-plan.svg	200	globalfoodsafetyconsu...	7.76KB		65ms		
gfsi-certification.svg	200	globalfoodsafetyconsu...	6.27KB		65ms		
21 Requests		933KB (2.51MB Uncompressed)		2.1s (Onload 963ms)			



Performance Metrics

<p>First Contentful Paint</p> <p>How quickly content like text or images are painted onto your page. A good user experience is 0.9s or less.</p>	<p>Good - Nothing to do here</p> <p>642ms</p>	<p>Time to Interactive</p> <p>How long it takes for your page to become fully interactive. A good user experience is 2.5s or less.</p>	<p>Good - Nothing to do here</p> <p>673ms</p>
<p>Speed Index</p> <p>How quickly the contents of your page are visibly populated. A good user experience is 1.3s or less.</p>	<p>Good - Nothing to do here</p> <p>971ms</p>	<p>Total Blocking Time</p> <p>How much time is blocked by scripts during your page loading process. A good user experience is 150ms or less.</p>	<p>Good - Nothing to do here</p> <p>0ms</p>
<p>Largest Contentful Paint</p> <p>How long it takes for the largest element of content (e.g. a hero image) to be painted on your page. A good user experience is 1.2s or less.</p>	<p>Good - Nothing to do here</p> <p>996ms</p>	<p>Cumulative Layout Shift</p> <p>How much your page's layout shifts as it loads. A good user experience is a score of 0.1 or less.</p>	<p>Good - Nothing to do here</p> <p>0</p>

Browser Timings

Redirect	0ms	Connect	154ms	Backend	61ms
TTFB	215ms	DOM Int.	587ms	First Paint	643ms
DOM Loaded	674ms	Onload	963ms	Fully Loaded	2.1s

IMPACT	AUDIT	
Med-Low	Eliminate render-blocking resources	Potential savings of 239ms
Low	Use a Content Delivery Network (CDN)	8 resources found
Low	Reduce unused CSS	Potential savings of 126KB
Low	Reduce unused JavaScript	Potential savings of 110KB
Low	Serve static assets with an efficient cache policy	Potential savings of 15.2KB
Low	Reduce JavaScript execution time	503ms spent executing JavaScript
Low	Avoid an excessive DOM size	317 elements
Low	Avoid enormous network payloads	Total size was 936KB
Low	Properly size images	Potential savings of 21.2KB
Low	Ensure text remains visible during webfont load	3 fonts found
Low	Avoid long main-thread tasks	1 long task found
Low	Serve images in next-gen formats	Potential savings of 83.8KB
Low	Reduce initial server response time	Root document took 61ms
Low	Avoid large layout shifts	1 element found
Low	Minify JavaScript	Potential savings of 2.02KB
Low	Avoid chaining critical requests	3 chains found
N/A	Largest Contentful Paint element	1 element found
N/A	Minimize main-thread work	Main-thread busy for 918ms
N/A	Reduce the impact of third-party code	Total size was 142KB
N/A	User Timing marks and measures	